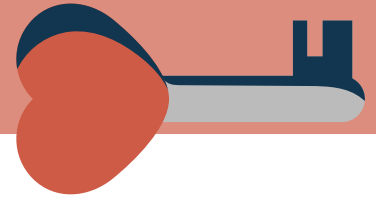


You are the key

The 4 S's of emotional support



Safe

I protect my staff from harm and avoid becoming a source of threat or fear.

Seen

I see myself and the staff I support through the lens of wholeness.

Soothed

I am responsive and model calm and inner-peace.

Secure

I create an environment of trust and provide a learning base for self-regulation and empowerment.





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