Give Your "ZOOM Room" a Makeover



with Dr. Julie Causton & Dr. Kristie Pretti-Frontczak

Prepare Your Space

- 1. Blankets, pillows, cushions
- 2. Bubbles
- 3. Essential oil diffuser, incense
- 4. Fans, pinwheels
- 5. Fidgets
- 6. Modeling clay, play dough, gak
- **7.** Natural or mood lighting, lava lamps, sun lamps
- **8.** Paper and colorful markers, pastels, and colored pencils
- **9.** Snacks (crunchy, healthy, soothing)
- **10.** Treadmill, standing desk, stationary bike
- **11.** Yoga ball, yoga mat, yoga block, meditation cushion
- 12. Water or beverage of choice

Themes Reign Supreme

- **13.** Pick themes related to topics you are exploring (e.g., Section 504, community helpers, ways to travel, states of matter)
- **14.** Pick themes related to the day of the week (Trivia Tuesday, Workout Wednesday)
- **15.** Pick themes related to a celebration (start or summer, someone's 50th birthday)
- **16.** Pick a theme related to a broad category (seasons, movies, types of parties)



- **17.** Wear hats that relate to the content (e.g., flower hat when explaining pollination, triangle crown when explaining tiered instruction)
- **18.** Wear costumes that relate to the content (e.g., dress as your favorite character in the book or dress as a metaphor)
- 19. Use props that relate to the content (e.g., use stuffed animals to explain the differences between predators and prey, use legos to make different types of transportation to represent different types of teams)
- 20. Create virtual backgrounds (ZOOM from the beach, the park, another country, from Disneyland, from the set of a TV show). Any picture can be imported as your zoom background. First ask yourself, what picture would be impactful or funny, then import it and make it your background.

Ways to Respond

- **21.** Draw
- 22. Sculpt
- **23.** Create something (e.g., poem, diagram, picture collage on your phone, wordle)
- **24.** Mute yourself and yell the answer
- 25. Sign your answer (yes or no)
- 26. Make an object/puppet talk for you
- **27.** Make a short video or audio file to upload or share screen
- **28.** Virtual turn and talk, pair and share, elbow partner (can DM one another or tag them in the chat)



Give Your "ZOOM Room" a Makeover



Stay Connected

- 29. Virtual high fives
- 30. Type in public and private chat boxes
- **31.** Have a pet/family parade
- **32.** Show and tell
- **33.** Pick from our "Connector Cards (digital download of these cards will be shared at the 2020 Summer Leadership Institute)
- **34.** Take a walk with your teacher, the facilitator, or another participant/student





Roles To Take On (can be based upon themes)

- 35. Captain, Co-captain, Guide
- **36.** Timekeeper, "Suri" prompter
- 37. Note-taker, Reporter, Archiver
- 38. Artist, illustrator, photographer
- 39. Gatekeeper, Defender, Moderator
- **40.** Bartender (reminds everyone to stay hydrated)
- **41.** "Fast finisher" Selector (digital download of these cards will be shared at the 2020 Summer Leadership Institute)

Groups are Groovy

- 42. "Rooms" for side/hallway conversations
- 43. "Rooms" based upon interest, topics, themes
- 44. "Rooms" based upon opinion (agree, disagree, not sure)
- 45. "Rooms" based upon role/identity/title (aka job alike rooms)
- **46.** "Rooms" based on comfort (I understand and am ready for more, Let's review, Let's start over)



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Get Playful

- 47. Play ZOOM bingo
- **48.** Play "I spy" look for things in one another's background
- **49.** Play "Who is who?" someone sends interesting facts about themselves, and the teacher/facilitator poses to the group (e.g., "This is someone who is loves to play Candy Crush, has a huge rock collection") and others guess
- **50.** Play "Charades" where one person acts out the concept or idea everyone guesses
- **51.** Play "Speed scavenger hunt" the first person to return to their computer with a (e.g., blue sock, thing that represents infinity, book about equity...) wins
- **52.** Have a virtual talent show and don't worry introverts...every show needs an audience





Use all of ZOOM's Features (click <u>here</u> for a feature comparison with other video conferencing platforms)

- **53.** Annotations (draw on the screen)
- 54. Breakout rooms
- **55.** Chat
- 56. File share
- **57.** Polls
- **58.** Screen sharing by everyone
- **59.** White board (write/type on the screen)

Give'm a Break

- 60. Take a nap, close your eyes
- 61. Stretch
- **62.** Get your head below your heart or feet above your heart (fold in half, do an inversion)
- **63.** Move around in some way here are 34 ideas/ways to move
- **64.** Play a musical instrument, dance, sing
- **65.** Daydream (preferably outside) no technology allowed
- **66.** Organize/clean something (e.g., desk, drawer, room) and take before and after pictures
- **67.** Go for a power walk, jog, bike ride, swim
- 68. Plant something, dig something
- 69. Cut, trim, or mow something
- **70.** Create something (e.g., draw, sculpt, cook, write a poem)

