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Designing and Delivering Inclusive Virtual Professional Development

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Designing and Delivering Inclusive Virtual Professional Development

Week 1- Designing Engaging and Inclusive Content

Week 2- Discovering HOW to Make Virtual Learning Wildly Effective


Week 3- Delivering Virtual PD Using Innovative Technology

Week 4- Delivering PD Like a Boss



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Designing Engaging and Inclusive Content

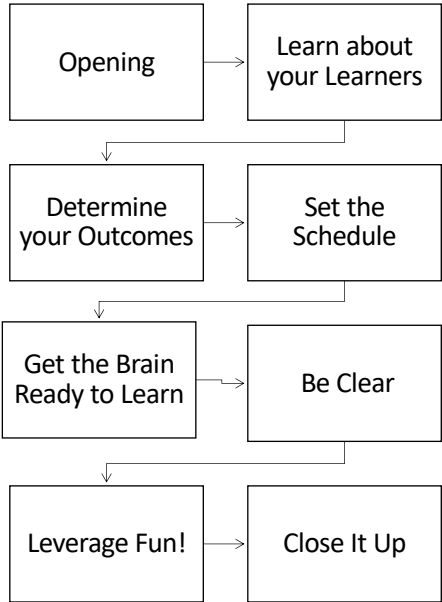
- Learn how to set learning meaningful outcomes, pick your through-line, and select just the right number of big ideas
- Learn how to create a schedule that flows seamlessly!
- Learn how to connect with participants, connect participants with one another, and connect participants with compelling content
- Learn how to support participants regardless of their ability, race, age, gender, etc.

Outcomes for today...


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Inclusive Virtual Learning:



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graph TD
    A[Opening] --> B[Learn about your Learners]
    B --> C[Determine your Outcomes]
    C --> D[Set the Schedule]
    D --> E[Get the Brain Ready to Learn]
    E --> F[Be Clear]
    F --> G[Leverage Fun!]
    G --> H[Close It Up]
  
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Session #1 Opening



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Unique ideas for opening a virtual session

- Music
- A poem
- Virtual stepping-stones
- Mystery box
- A ticket in the door door
- A photo gallery or exhibit
- Audio clip
- Real life “things” (e.g., insects, souvenirs, etc.)
- Props
- Dress Up as something applicable from the topic
- Open a “Time Capsule”
- 30 second TV Commercial
- Voki

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Open it up!

The goal of the opening is to gain attention and get everyone prepared for the topic of study.

- You want to capture interest
- You want to evoke the PEA
- It should generate excitement and promote learning.
- A good opener lasts less then 5 minutes


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Learn About Your Learners

(key to supporting them)



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Recording

Gallery View Exit Full Screen

PROUD TO BE AN OUTSIDE PIN - SHELLEY M...

One thing we know for sure... is you are teaching diverse human beings!

From Felicia Graham to Everyone to LeDeRick: how long was your jou...

Closed Caption is available

Participants 43 Chat Share Screen Record Closed Caption Reactions

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Types of Diversity...

Disability

Sexual Orientation

Religion

Socio-economic Status

Gender

Age

Race/Ethnicity

Culture

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Determine Your Outcomes

LEARNING HOW TO LEARN
INFORMATION
APPLICATION
CONNECTION
EMOTIONAL INTELLIGENCE
CARING

MIX of 6

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LEARNING HOW TO LEARN
INFORMATION
APPLICATION
CONNECTION
EMOTIONAL INTELLIGENCE
CARING

MIX of 6

Determine your “what” before your “how.”

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Set the Schedule

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Leadership Fellowship Retreat Dynamic Master Schedule*

August 19th (Wednesday)

Time CT zone	What	Description • Guidebook Contents	Fun • Renew • Connect	Location
3:30-4:00 30 minutes	Room Opens	Feel free to login and get settled; Co-facilitators & ETP team members will join and welcome you at 4:00 pm CT	Prepare your learning area Enjoy the music	ZOOM Main Room
4:00-4:15 15 minutes	Welcome	Opening Inspiration Welcome and team level introductions	Trigger the PEA	ZOOM Main Room
4:15-4:45 30 minutes	Greetings	Informal meet & greet with members of the fellowship	"Love Boat" Roles • Captain • Cruise Director (facilitator only) • Believer • Owner • Gopher	Random ZOOM Breakout Rooms (small groups)
4:45-5:00 15 minutes	Agreements	Community Agreements	Directions	ZOOM Main Room - White Board
5:00-5:10 10 minutes	Break	Stretch - Move - Reflect	Options: • Step away from the screen and/or take a 5-min break • Use the "Think out loud" for more ideas • Change your visualization	On your own
5:10-5:15 5 minutes	Transition	Overview of interview activity		ZOOM Main Room
5:15-6:00 30 min	Greetings	Getting to know one another and setting initial goals (use e-Book intro as a reference)	Interview activity	Random ZOOM Breakout Rooms (pairs)

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Lay It All Out

Time	What	Description - Outcomes	Fun • Renew • Connect	Location • Technology • Back Up Plans	Human Support
May 11th - DAY 1 (3.5 hours)					
2:00 pm PT 00 pm MT 00 pm ET 5 minutes	Welcome Summit purpose	Allow everyone to settle into the day Orient to different ZOOM rooms overview of landing page Q&A about the Summit (refer to Summit Guidance Document)	I've just started doing this column so I don't have examples embedded. Our list of 50+ is a good place to start for ideas	LINK to ZOOM main meeting room	Ashley and Toni
2:15-1:15 T 15-2:15 MT 15-4:15 ET 3 minutes (including transition slack)	Setting the Stage	Brainstorm/focus all the ways that the values are showing up. What are the things we're already doing that can be built upon - keep doing		Small group breakout rooms (random - cross function) 10 rooms (approx 5/per room)	Co-hosts move around rooms as needed Melissa Ashley Toni
15-1:30 PT 15-2:30 MT 15-4:30 ET 5 minutes	Gearing up	Introductions Gratitude video https://vimeo.com/135306696 Review of Summit Schedule Community agreements		LINK to ZOOM main meeting room	Ashley and Toni
30-2:00 PT 30-3:00 MT	Break			Tree of Contemplative Practices	

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- Time (watch time zones)
- "What" (type of event)
- Description (outcomes on the master)
- Fun – Renew – Connect (links and directions)
- Location (options)
- For you
 - Technology links
 - Back up plan notes
 - Human support notes
 - Directions for co-teachers/facilitators

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Get the Brain Ready to Learn

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Get Prepared!

Get Prepared

We are big fans of making sure learners of all ages have spaces where they are comfortable and have what they need to stay in the zone of optimal learning. Here's a short list of things you may want to put near you when ZOOMing with us.

Think of this as your "things to pack" list:

1. Blankets, pillows, cushions
2. Bubbles (of course)
3. Essential oil diffuser, incense
4. Fans, pinwheels
5. Fidgets
6. Modeling clay, play dough, gak
7. Natural or mood lighting, lava lamps, sun lamps
8. Paper and colorful markers, pastels, and colored pencils
9. Snacks (crunchy, healthy, soothing)
10. Treadmill, standing desk, stationary bike
11. Yoga ball, mat, block, cushion
12. Water - or beverage of choice
13. What else can you think of that will make you even 10% more comfortable?

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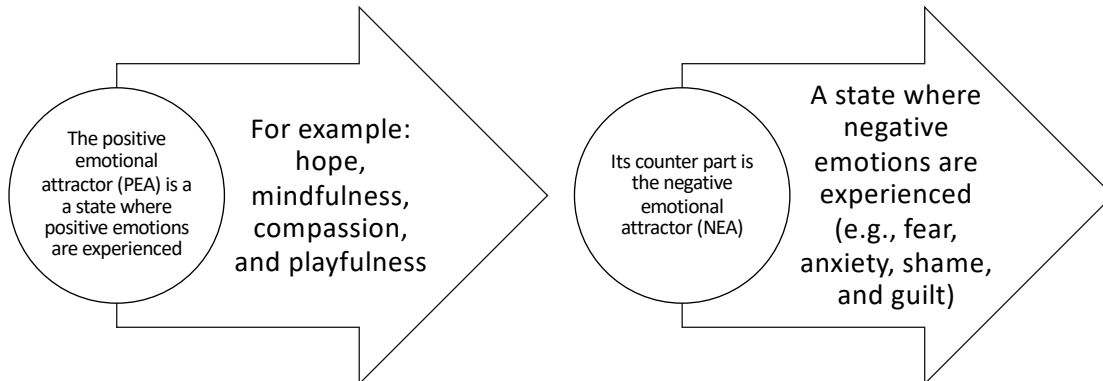
You and Your ZOOM Screen

FYI, you have control over how things look on your device/screen. The host can't change what you see during a live ZOOM meeting. Thanks to Graphic Recorder, Sherrill Knezel, here are four steps to help you make the most out of ZOOM during the retreat. FYI, this graphic was created for another event; however, it is still applicable to our time together.



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What is the PEA?



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PEA vs NEA...which is better?

We need both!

- The NEA helps us face challenges and *survive*
- The PEA helps us to *thrive*!
 - Maintains openness to new ideas
 - Allows us to see possibilities
 - Shifts our mindsets, heart sets, and even skill sets!

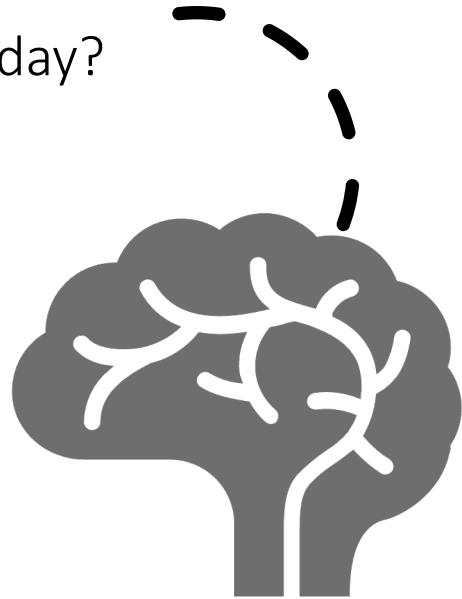


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Do we get enough PEA everyday?

- Nope!
- Our brains are wired to see everything that **isn't** going well
- Most of our brains spend about 80 %of the time trying to fix what's not working
- The negative is so much stronger that it sometimes takes over the whole show.



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What can we do?

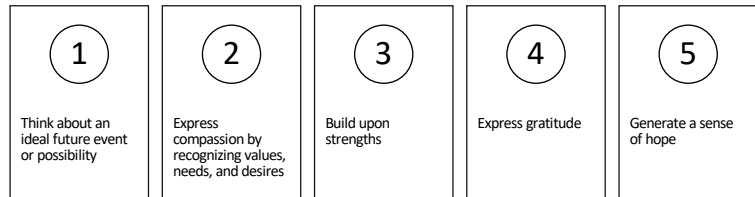
Purposefully trigger the PEA 2-5 times more than NEA in ourselves and others.



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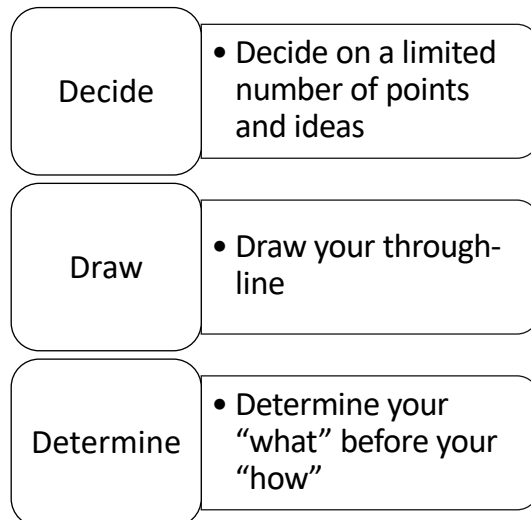
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How do I trigger the PEA?



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Be Clear

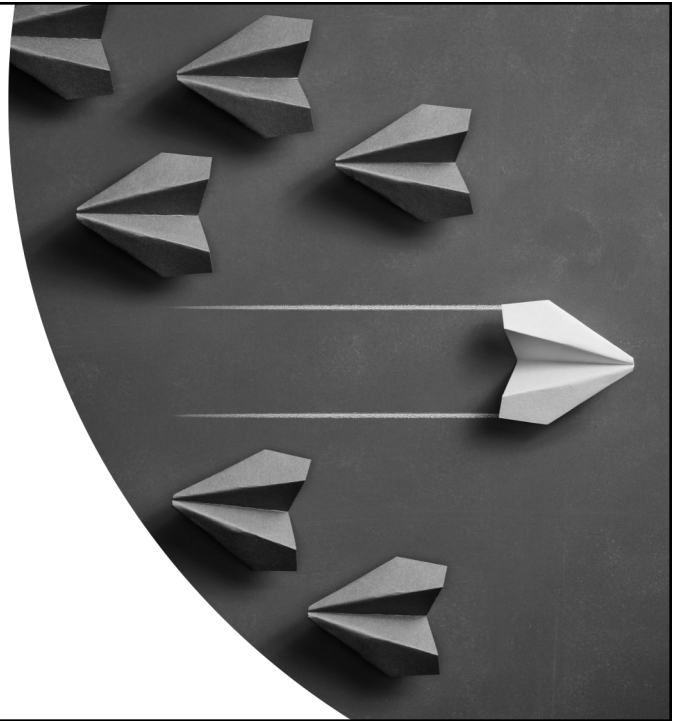


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Decide and Draw...

- Decide- Start with three big ideas per hour.
- Draw- your through-line
 - Create a visual connection from your opener , to your agenda, to your big points, your examples or stories and closing.



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Leverage Fun!



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Why use Fun Theory?

- Research links *engagement* and *increased levels of dopamine* with greater motivation, increased learning outcomes and higher retention levels
 - (Healy, A. & Bourne, L., 1995, Jensen, E., 2006; Jensen, E., & Kiley, T. J., 1998; Rea, D., Millican, K. P., & Watson, S. W., 2000; Willis, J., 2005).
- Keep in mind Research shows that fun learning works best when the activity is *meaningful* to the student

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Close It Up

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Close it up!

- The goal of a closure is to wrap up the session in a way that is exciting and helps students to review the content or make it more concrete.
- A good closure lasts less than 5 minutes.

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Unique ideas for closing a virtual conference session

- Turn and talk
- Ticket out the door
- 3-2-1 blast off
- Tie it to your introduction
- In a word
- Whip around
- Silent brainstorm
- Sticky note collage
- Popcorn share
- Response Cards
- Graffiti
- Pass the brainstorm
- Where do you stand? (e.g., opinion line)
- Top Ten List
- Bumper Sticker
- Youtube media clip
- Voki
- Self-assessment

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THANK YOU!

We look forward to seeing you
in next week!

Julie and Kristie

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